

PEAKS COACHING GROUP

PERSONAL COACHING CAMPS NUTRITION POWER EDUCATION CONSULTING

We are the Leaders in Training with Power!

We have over forty of the most experienced coaches in the business throughout North and South America to meet your training needs in road, mountain, track, cyclocross, and tri.

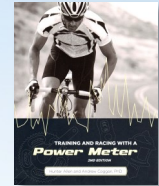
Our Coaches are the Experts in Power Training

All of our coaches have been trained in Hunter Allen's proprietary methods of data-driven training, complete with power, heart rate, and perceived exertion. Our coaching and training programs are individually designed by our coaches using specific information we gather from you. We do not use cookie cutter programs!



Hunter Allen

Hunter is the leading expert on power training and the founder of Peaks Coaching Group. Legendary cycling coach, coauthor of *Training and Racing with a Power Meter*, and co-developer of TrainingPeaks and WKO+ software, Hunter is widely known as a top expert in the world in coaching endurance athletes using power meters.



COACHING LEVELS

	 BRONZE	 SILVER	 GOLD	 PLATINUM	 TITANIUM
Coach Expertise Level	Associate	Associate/Elite	Elite	Elite/Master	Master/Hunter Allen
Initial Review, Start-Up, Custom Plan	Yes	Yes	Yes	Yes	Yes
Power Profile Analysis & Historical Review	No	Yes	Yes	Yes	Yes
Power Diagnosis & Training Analysis	No	Yes	Yes	Yes	Yes
Interactive Data Analysis Sessions with Coach	1 (30 min.)	2 (30 min.)	4 (30 min.)	Unlimited	Unlimited
Training Plan Edits	1	2	4	8	Unlimited
Emails & Texts with Coach	8	20	Unlimited	Unlimited	Unlimited
TrainingPeaks Premium Account	Yes	Yes	Yes	Yes	Yes
VIP Club Discount on Store Products	10%	15%	20%	25%	30%
Nutrition eBook and 2-Week Meal Plan	\$19.95	\$9.95	Free	Free	Free
Discount on Week-Long Training Camps	\$75	\$100	\$150	\$300	\$500
Monthly Fee for Cycling	\$189	\$249	\$349	\$549	\$949-1549
Monthly Fee for Multi-Sport	\$239	\$299	\$399	\$599	\$1099-1699
Initial Start-Up Fee	\$39	\$99	\$99	\$129	\$199

540-587-9025

info@peakscoachinggroup.com
www.peakscoachinggroup.com

HUNTER ALLEN
PEAKS COACHING GROUP